

SOCIAL ACTIVITIES PROGRAMME

Sidmouth is situated in the South West of England which enjoys one of the best climates in the UK. It is also on the Jurassic Coast, a World Heritage Site, and has some of the most beautiful scenery in the country.

WE HAVE THREE SEPARATE PROGRAMMES – ADULT, TEENAGE & JUNIOR

There are NO extra costs for Young Adults, Teenagers, Tweens or Juniors and all entrance fees are included, although there are optional activities (shown below) at an extra cost. Adults pay an extra fee if they wish to join Saturday or Thursday excursions; this covers transport and entrance costs.

- Traditional English cream tea on Tuesdays (Summer)
- Cliff walks along the Jurassic Coast
- Sports Hall visit for badminton, squash, basketball, football
- Cinema (suitable films only)
- Film nights (suitable films only)
- BBQ nights for Teenagers
- Tennis (grass and hard courts next to the school)
- Theatre visits
- Puzzles and games
- Golf
- Swimming – in local heated pools
- Art & craft sessions
- Quiz nights
- Beach afternoons
- Football & park games
- Fun evenings at SIS social hub
- Paddleboards/Sea kayaks

Please note: some activities depend on the weather and/or the number of students.

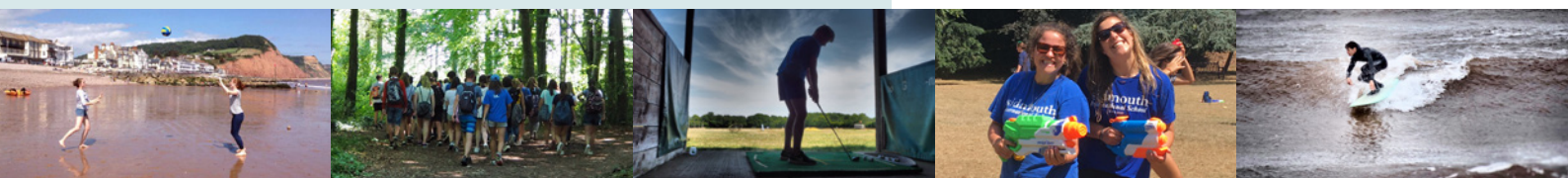
● = Adults only

The picturesque small towns and villages of Devon and Cornwall are famous and if you like outdoor activities and sports then this is the place for you. The larger towns and cities nearby offer many cultural activities with historic buildings, museums, theatres and galleries. We try to offer our students a 'real taste' of the area with a variety of activities and excursions and the following list gives some examples.

THE FOLLOWING OPTIONS ARE AVAILABLE AT EXTRA COST:

- Golf lessons with PGA professional (from £30/hour)
- Tennis lessons with an LTA professional coach (from £45/hour)
- Speedboat tours along the Jurassic coast line
- Paintball – 14 yrs and over (Summer) (£25)
- Quad biking – 14 yrs and over (Summer) (£30)
- Traditional afternoon tea at Sidmouth's finest seafront hotel (£35)
- Lunch at an old English village pub, followed by a guided walk back to Sidmouth along the coastal path (£35)

NB - these activities are alternatives to the free social programme and do not replace it.



EXCURSIONS

Excursions take place every Thursday (13.30 – 18.00) and all day Saturday (09.30 – 18.00) escorted by our staff. Many of these destinations have recreational facilities which students can enjoy.

EXAMPLE EXCURSIONS

EXETER

Roman city with university, historic cathedral, museum and Guildhall, excellent shopping centre, quayside visitor centre, Tenpin bowling and more.

TOTNES AND DARTMOUTH

Totnes is a small town famous for its crafts, with boat trips along the beautiful River Dart to Dartmouth and its castle.



DARTMOOR AND BUCKFASTLEIGH

A scenic and beautiful National Park with wild horses, good walking and visitor centre. Buckfast Abbey is famous for its honey and tonic made by Benedictine monks.

PLYMOUTH

A modern city with excellent shops, Plymouth has the largest naval docks in Europe which the students can view on a boat trip or they can visit the impressive National Marine Aquarium.

CLOVELLY AND NORTH DEVON

The coast of North Devon offers the visitor wonderful views, expansive beaches and picturesque fishing villages such as Clovelly - where donkeys carry goods up the traffic-free cobbled streets. Enjoy the peace and tranquillity of the small ancient port.

NATIONAL TRUST PROPERTIES

Devon boasts a large number of National Trust properties. Students can enjoy beautiful properties such as Knightshayes Court, A La Ronde and Castle Drogo, all within easy access to Sidmouth.

LYME REGIS

A small fishing port on the Jurassic Coast. It is famous for its fossils and its literary connections with authors such as Jane Austen and John Fowles. Students can look for their own fossils on the beach.

LULWORTH COVE

This cove includes Durdle Door, a massive rock arch and a world famous geological wonder on the beautiful Jurassic Coast. It is an easy walk to the beach which has caves and exciting rock strata and is good for swimming and snorkelling

STONEHENGE AND SALISBURY

Stonehenge is a world famous ring of standing stones which date back 5000 years, a place of pagan worship. At Salisbury you can explore the medieval streets and visit the magnificent cathedral.

TINTAGEL CASTLE AND NORTH CORNWALL

The rugged coast of North Cornwall is famous for its picturesque fishing villages and dramatic sea views. Tintagel Castle is a spectacular place, set high on rocks above the sea. Legends suggest it was the home of King Arthur and the Knights of the Round Table.



EDEN PROJECT

The 'eighth wonder of the world'. The famous Biomes house plants, fruits and flowers.

BATH - A WORLD HERITAGE CITY

Historical spa city with abbey, museums, Roman Baths and ruins, and the famous Pump Room where students can drink the healing waters. Visit the exclusive shops or take an open-top bus ride or a boat trip to see more of this 18th century city

BRISTOL

A major city and port, once the largest city in England. Historic docks, famous ships, iron suspension bridge, hands-on science centre, Imax cinema, large shopping centre, beautiful cathedral.

CARDIFF

The capital city of Wales, an important port and centre for Welsh Rugby! Visit the impressive Cardiff Castle and have a tour of the Millennium Stadium.

Also for the younger student:

CREALY ADVENTURE PARK

A country park and farm with lots of fun activities; slides, ball pits, log flume etc.

EXETER

Go Tenpin bowling or visit Clip 'n' Climb (an indoor climbing centre), then have some time shopping in the excellent Princesshay shopping centre.

SPLASHDOWN AND LULWORTH COVE

An exciting water park provides a day of wet activities for the younger student. On the way home, visit Lulworth Cove and see the spectacular rock arch of Durdle Dor.

WOODLANDS LEISURE PARK, DARTMOUTH

A beautiful park with many activities and rides – an action packed afternoon!

PAIGNTON ZOO

A wildlife conservation centre for the study of animals and endangered species. This is a fascinating place to spend a day.