

Situated in the charming regency town of Sidmouth, our school offers a unique 'English with Walking' course. Our course offers a blend of English language learning with exploring the breathtaking surroundings of Sidmouth, the Jurassic coast, the South West Coastal Path and Dartmoor.

As you improve your English language skills in morning classes, you'll be surrounded by the timeless charm of Sidmouth. With its beautiful gardens, leisurely walks, and regency history and architecture, the town invites you to immerse yourself in its unique atmosphere.

Nestled in a designated Area of Outstanding Natural Beauty beneath majestic red cliffs and green hills, Sidmouth boasts a delightful environment for learning and exploration.











In the afternoons, step outside the classroom and venture into the stunning landscapes that await you. Sidmouth's location on the Jurassic Coast offers unparalleled opportunities for coastal walks

along the miles of maintained paths. As you hike

along the cliffs, you'll witness the beauty of the World Heritage Site first hand, with its ancient fossils and geological wonders embedded in the cliff sides.

But the adventure doesn't stop

there. Our programme also takes you inland to explore Dartmoor National Park, a dramatic landscape of granite tors and sweeping moorlands. Led by experienced guides, you'll discover the rich history and natural beauty of this renowned wilderness.

From the clean beaches to the

friendly shops, Sidmouth offers a welcoming and enriching environment for language learners and outdoor enthusiasts alike. Join us at Sidmouth International School for an

unforgettable educational experience that combines language learning with the exploration of some of the most beautiful landscapes in the United Kingdom.



# 

### COURSE SCHEDULE

#### **Morning Lessons**

(9am - 10:30am) (11am - 12:30pm)

**Walks / Excursions** (13:00 - 18:00)

#### **SATURDAY**

Arrival Day (Free transfer service from Heathrow)

#### **SUNDAY**

Enjoy the day with your host family

#### MONDAY

AM - Lesson Time PM - **Walk 1** Budleigh Salterton - Otterton 3 - 4 hours, 10km

#### **TUESDAY**

AM - Lesson Time PM - **Walk 2** Exmouth - Sandy Bay 3 - 4 hours, 10km

#### **WEDNESDAY**

AM - Lesson Time PM - **Walk 3** Haldon Forest 2 - 3 hours 4.5km

#### **THURSDAY**

AM - Lesson Time PM - **Walk 4** Dartmoor/Haytor 2-3 hours, 10km

#### **FRIDAY**

AM - Lesson Time PM - **Walk 5** Donkey Sanctuary - Sidmouth 2- 3 hours, 5.5km

#### **SATURDAY**

Departure Day (Free transfer service to Heathrow)

# ENGLISH CANCEL CONTROL CONTROL

## EQUIPMENT CHECKLIST

Day sack (small rucksack)
Base layer of clothing
(T-Shirt)

Mid layer of clothing - (fleece)

Warm jacket
Suitable trousers
(no denim jeans)

Waterproofs (trousers and jacket)

3 season walking boots 3 season socks Full water bottle

OPTIONAL
Walking poles
Snack / packed lunch
Suncream
Sunglasses
Gloves & Hat
Whistle
Gaters









#### WALK 1: BUDLEIGH SALTERTON - OTTERTON 10km, 3 -4 hrs, Moderate

Enjoy a scenic walk from Budleigh Salterton, through the Wetlands Nature Reserve, and along the South West Coast Path. Take in coastal views and peaceful countryside before stopping at Otterton Mill for a break at the café and farm shop.

## WALK 2: EXMOUTH - SANDY BAY 10km, 3-4 hrs, Moderate

Follow the Exmouth Coastal Path, taking in stunning sea views and the striking Jurassic red cliffs, a UNESCO World Heritage Site. Stop for a break at Sandy Bay's café before continuing. At the end, relax with refreshments at Side Shore Café or Haydays Restaurant. N.B This walk is tide-dependant.

## WALK 3: HALDON FOREST 4.5km, 2 - 3hrs, Moderate

Explore the Haldon Forest Raptor Trail, a scenic woodland walk with chances to spot birds of prey soaring above. Enjoy peaceful forest paths, fresh air, and beautiful viewpoints along the way. At the end, stop for refreshments at the On-site Café to recharge.

## WALK 4: DARTMOOR/HAYTOR 10km, 2-3 hrs, Moderate - Difficult

This circular Dartmoor walk takes in the striking Haytor tors, the serene Quarry Lake, and breathtaking moorland scenery. Enjoy a tour of the tors, exploring the rugged beauty of this iconic landscape. At the end of the walk, relax and refuel with refreshments at Trago Mills.



Start at the Donkey Sanctuary and enjoy a scenic walk with stunning coastal views of Lyme Bay. As you explore the path, take in the fascinating geology of the Triassic rocks, offering a glimpse into the area's ancient past. You'll also pass through Weston, adding even more charm to this coastal adventure before arriving in Sidmouth.





## REGISTRATION FORM

#### **YOUR DETAILS**

Surname	First name	Date of birth	
Gender	Nationality	First language	
Email address		Telephone number	
Walking experience: Beginne	er Intermediate Ad	dvanced	
COURSE DATES & FEES Minimum class number of 4 students.			
24-31 May 2025 13	-20 September 2025	Course Fee: £570 Registration Fee: £85	
ACCOMMODATION (PER WEEK)			
Homestay - single £230  Homestay Executive - single £2  Homestay Shared - £220 per p  Homestay Executive Shared - £2  Please inform us of any	290 No homes  Deerson We are abliguest house	Private bathroom supplement - £50  No homestay required.  We are able to recommend hotels, guest houses or cottage rentals.  medical requirements, when booking.	
TRANSPORT			
FREE Sidmouth International School Bus (Saturdays, Heathrow Airport only, flights must arrive before 15.30; flights must depart UK after 13.45). When we confirm your booking we will send full information about when and where you should meet our representative on arrival.  Free bus required  School car (ask for details)  Own transport arranged			

T. +44 (0) 1395 516754

E. efl@sidmouth-int.co.uk



